



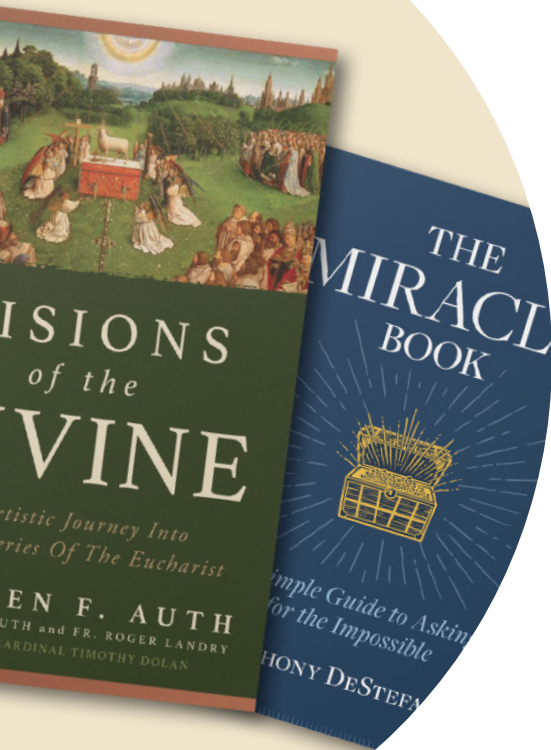
Spring
2025

WHOLESALE CATALOG

SOPHIA
INSTITUTE PRESS

A COLLECTION OF THE SOPHIA INSTITUTE PRESS PRINTS

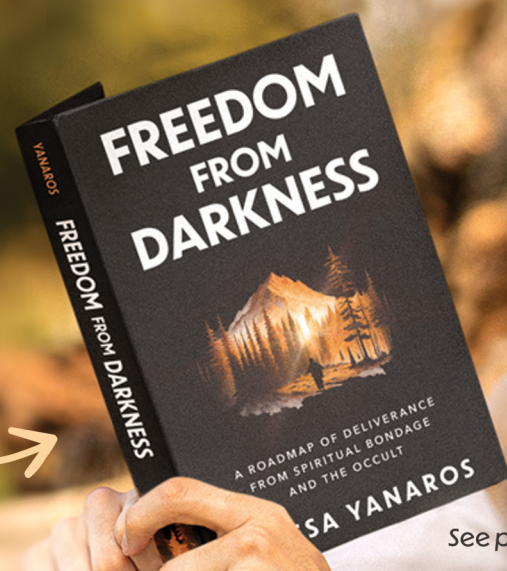
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"If you've gone down the wrong spiritual path and need help finding freedom in Christ, read this book!"

FR. MARK GORING, C.C., *Speaker and Writer*



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Join Our ASP Program

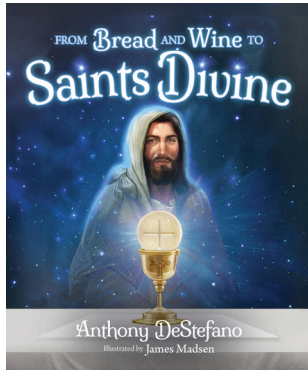
Get a **FREE** copy of every new book we publish
— plus **5% more off every order!**

Our **Automatic Shipment Program (ASP)** gives you a FREE reading copy of every book we publish as soon as it's available – and copies for your store without your having to take time out to order them. If you don't like a title, send it back for a full refund.

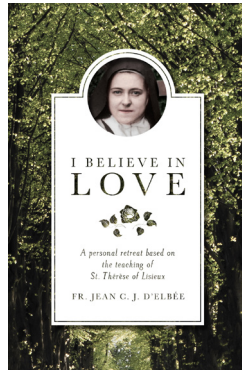
Here's how it works – as an ASP member you'll get:

- A FREE copy of every new book we publish – for your personal use!
- A 50% discount on ASP shipments and 45% on all other orders.
- Risk-free benefits. Like all of our books, ASP titles are fully returnable (you pay shipping).
- A customized program: you choose how many copies to receive (2 copy minimum).
- You may cancel by phone, email, or fax at any time.

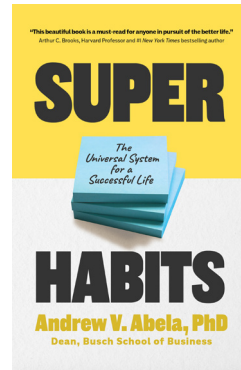
TITLES TO EXPLORE



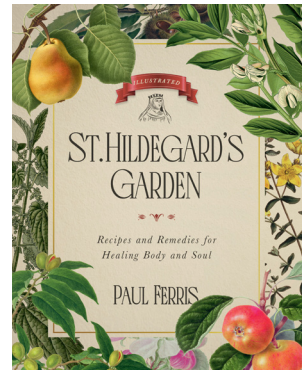
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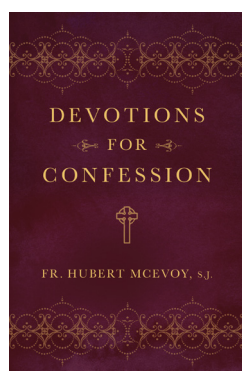
See page 9



NEW RELEASES

www.SophiaInstitute.com

JANUARY



Devotions for Confession

Fr. Hubert McEvoy, S.J.

304 pages

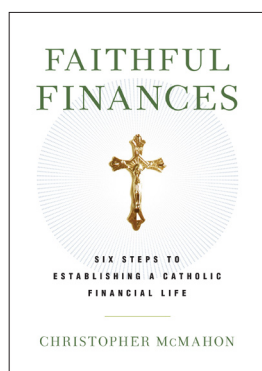
979-8-88911-274-7

\$17.95 | 5x7 |

Hardcover Leatherette



Pub Date: 1/21/25



Faithful Finances: Six Steps to Establishing a Catholic Financial Life

Christopher McMahon

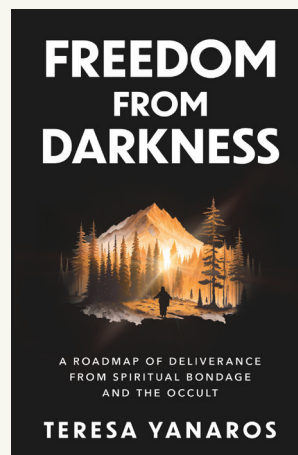
160 pages

979-8-88911-490-1

\$18.95 | 5.5 x 8.5 | Hardcover



Pub Date: 1/21/25



Freedom from Darkness: A Roadmap of Deliverance from Spiritual Bondage and the Occult

Teresa Yanaros

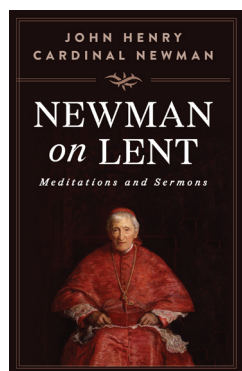
272 pages Pub Date: 1/21/25

979-8-88911-492-5

\$18.95 | 5.5x8.5 | Paperback with full-color interior



Freedom from Darkness is not just a book; it is a survival manual for those ensnared by the occult—be it through tarot cards, New Age ideologies, or the subtle allure of esoteric practices. It employs distinctive infographics and formulas to clarify complex concepts, paving the way for readers to grasp critical aspects of occult bondage and articulate these insights to others caught in its web.



Newman on Lent: Meditations and Sermons

John Henry Cardinal Newman

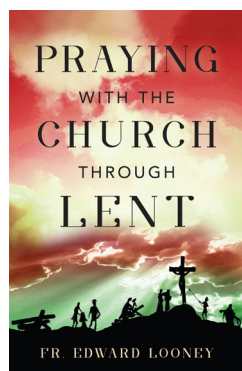
160 pages

979-8-88911-308-9

\$18.95 | 5.5 x 8.5 | Paperback with full-color interior



Pub Date: 1/21/25



Praying with the Church Through Lent

Fr. Edward Looney

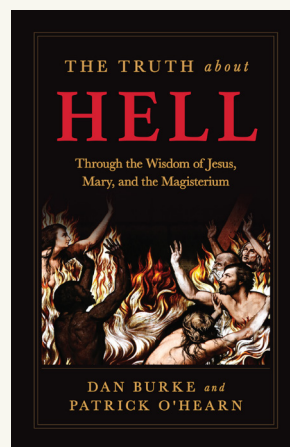
320 pages

979-8-88911-326-3

\$18.95 | 5.5 x 8.5 | Paperback



Pub Date: 1/21/25



The Truth about Hell: Through the Wisdom of Jesus, Mary, and the Magisterium

Patrick O'Hearn and Dan Burke

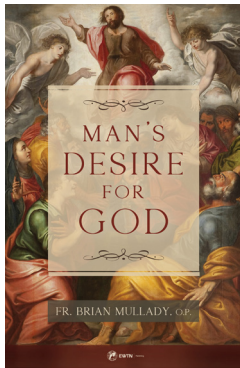
160 pages Pub Date: 1/21/25

979-8-88911-354-6

\$17.95 | 5.5 x 8.5 | Paperback



In these gripping pages, Dan Burke and Patrick O'Hearn present the most common reasons souls go to Hell (you will be shocked!) and how to change your life to ensure that you're striving for Heaven. At the moment of death, you will experience a particular judgment by God and be sent to either Heaven, Purgatory, or Hell. Your mission in this life, therefore, is to pray, live, and help others to receive the mercy and salvation that God is offering so that you may attain eternity with Him in Paradise.



Man's Desire for God

Fr. Brian Mullady, O.P.

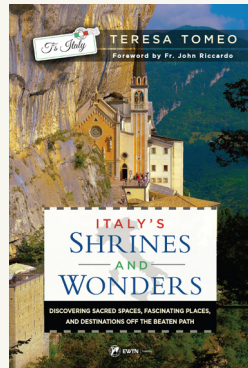
160 pages

978-1-68278-381-8

\$17.95 | 5.5x8.5 | Paperback



Pub Date: 1/21/25



Italy's Shrines and Wonders: Discovering Sacred Spaces, Fascinating Places, and Destinations off the Beaten Path

Teresa Tomeo

416 pages Pub Date: 1/21/25

978-1-68278-425-9

\$24.95 | 5.5 X 8.5 |

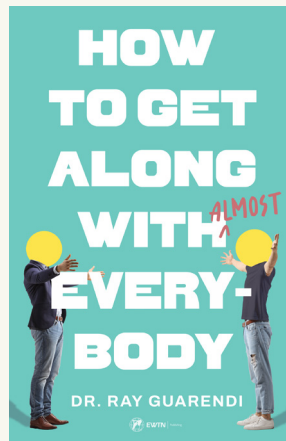
Flexi bound with full-color interior



For those wishing to experience this remarkable country to the fullest, just knowing where to start can be overwhelming. Enter bestselling author, Catholic media personality, and Italy *aficionado* Teresa Tomeo to provide the choicest sites, best routes, and most inspiring and satisfying journeys to help you soak in all the beauty Italy has to offer and make your Italy excursion utterly unforgettable.

Tomeo believes that Italy, more than any other place on earth, captures the meaning and essence of Psalm 19:1: *"The heavens declare the glory of God, the firmament the work of His hands."* Join her on a one-of-a-kind exploration of this sacred and enthralling land so that planning your bucket-list trip to Italy becomes a joy rather than a chore, and your dream of Italy becomes a true *la dolce vita* reality.

FEBRUARY



How To Get Along with Almost Everybody

Dr. Ray Guarendi

160 pages

Pub Date: 2/18/25

978-1-68278-391-7

\$18.95 | 5.5 x 8.5 | Paperback



Dr. Ray teaches you techniques for avoiding "psychological claptrap," for responding better to hurtful comments, and for improving your communication skills. He shows you how to become more easygoing, more forgiving, less driven by reactive emotions—in short, a better practitioner of the Golden Rule—and sets you on the path toward peace of mind, heart, and soul.



40 Days, 40 Ways to Pray

Jonah Soucy

304 pages

979-8-88911-254-9

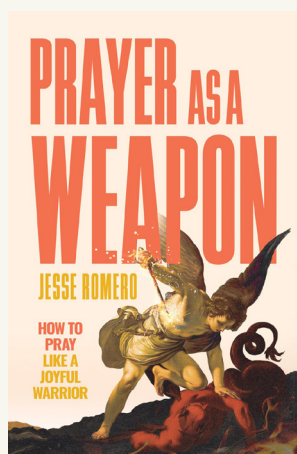
\$18.95 | 5.5 x 8.5 | Paperback



Pub Date: 2/18/25

NEW RELEASES

www.SophiaInstitute.com



Prayer as a Weapon: How to Pray Like a Joyful Warrior

Jesse Romero

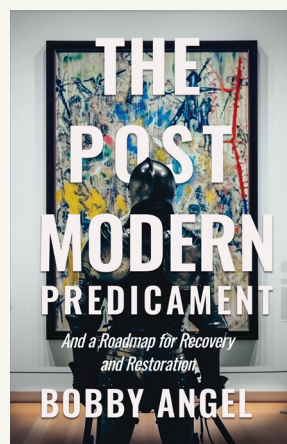
224 pages Pub Date: 2/18/25

979-8-88911-314-0

\$24.95 | 5.5 x 8.5 | Hardcover



Drawing from Scripture, the Catechism, the lives of the saints, and his own experiences in spiritual warfare and the pro-life movement, Romero provides riveting examples of the power of prayer to advance the Kingdom of Heaven even on this earth. He reminds Catholics of the duties bestowed upon us at our Confirmations: to become joyful soldiers for Christ and to pray without ceasing (1 Thess. 5:17).



The Postmodern Predicament: And a Roadmap for Recovery and Restoration

Bobby Angel

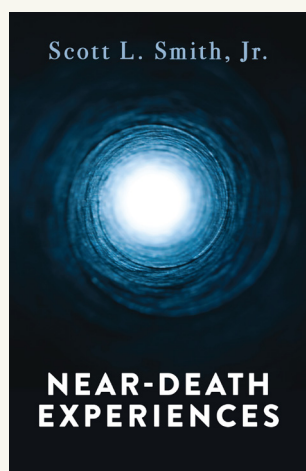
160 pages Pub Date: 2/18/25

979-8-88911-250-1

\$24.95 | 5.5 x 8.5 | Hardcover



In these engaging pages, Bobby Angel reveals how and why your life has meaning. Drawing from major thinkers from ancient to modern times, personal stories, historical lessons, and popular movies, he assists the layperson in absorbing vital philosophical concepts in an easily digestible way.



Near-Death Experiences

Scott L. Smith, Jr.

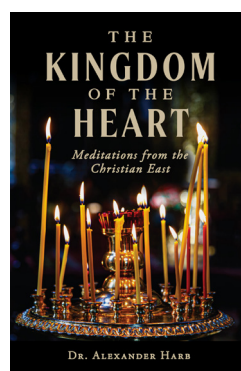
208 pages Pub Date: 2/18/25

979-8-88911-114-6

\$18.95 | 5.5x8.5 | Paperback



Near-death experiences (NDEs) are endlessly fascinating for those who long for Heaven or are just curious about the things we cannot see (yet). Lost in all the discussion of NDEs, however, is their long, rich history. Saints and mystics have been visiting Heaven for thousands of years, and here, for the first time, Scott L. Smith provides you with a glimpse of what they've been seeing these past two millennia.



The Kingdom of the Heart: Meditations from the Christian East

Alexander Harb, Ph.D.

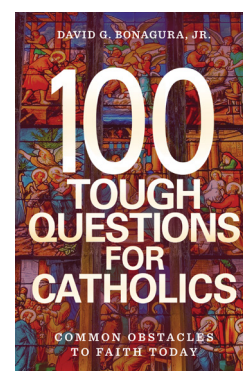
192 pages

979-8-88911-382-9

\$15.95 | 5.5 x 8.5 | Paperback



Pub Date: 2/18/25



100 Tough Questions for Catholics: Common Obstacles to Faith Today

David G. Bonagura, Jr.

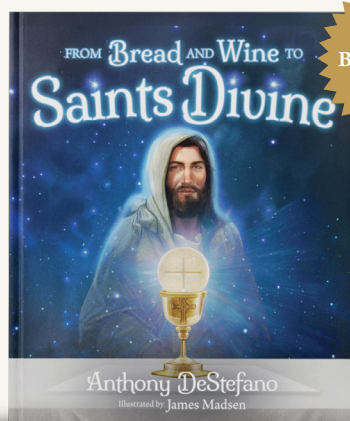
176 pages

979-8-88911-352-2

\$17.95 | 5.5 x 8.5 | Paperback



Pub Date: 2/18/25



NY Times
BESTSELLING
AUTHOR!



From Bread and Wine to Saints Divine

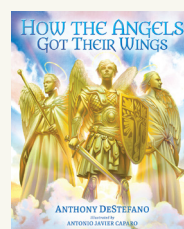
Anthony DeStefano

Illustrated by James Madsen

32 pages Pub Date: 3/18/25

979-8-88911-384-3

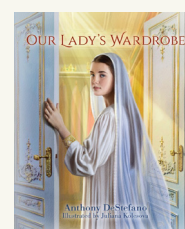
\$17.95 | 9 x 11 | Hardcover



How the Angels Got Their Wings

Anthony DeStefano

\$16.95



Our Lady's Wardrobe

Anthony DeStefano

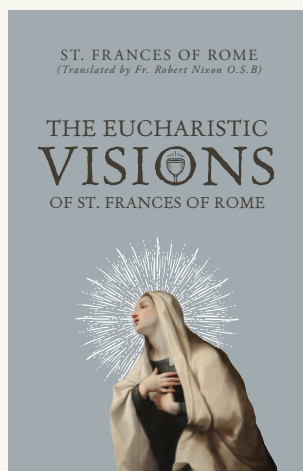
\$16.95



Embark on an enlightening journey through the wonders of transformation and renewal in this delightful children's book that unlocks the profound mysteries of the Eucharist in a way that is understandable, engaging, and deeply meaningful for young readers.

Through charming rhymes and vivid illustrations, bestselling author Anthony DeStefano explores the many evolutions that take place in the world around us – from the shifting seasons to the growth of plants to the metamorphosis of caterpillars into butterflies.

MARCH



The Eucharistic Visions of St. Frances of Rome

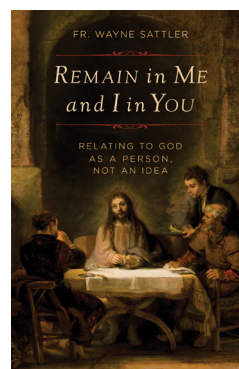
St. Frances of Rome;
trans. Fr. Robert Nixon OSB

144 pages Pub Date: 3/18/25

979-8-88911-390-4

\$17.95 | 5.5x8.5 | Paperback

Frequently, St. Frances experienced ecstasies and visions, especially after receiving Holy Communion. In these absorbing pages, translated by Fr. Robert Nixon, O.S.B., her spiritual director records her life, mystical graces, and miracles as well as her severe demonic attacks and her unwavering trust in God throughout. These pages are ideal for reflection before or after Mass or during Adoration of the Blessed Sacrament.



Remain in Me and I in You: Relating to God as a Person, Not an Idea

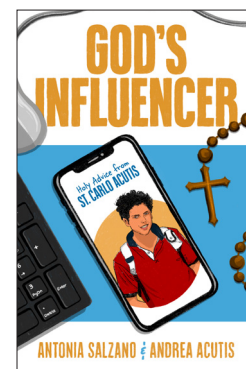
Fr. Wayne Sattler

144 pages

979-8-88911-488-8

\$18.95 | 5.5 x 8.5 | Paperback

Pub Date: 3/18/25



God's Influencer: Holy Advice from St. Carlo Acutis

Antonia Salzano
and Andrea Acutis

160 pages

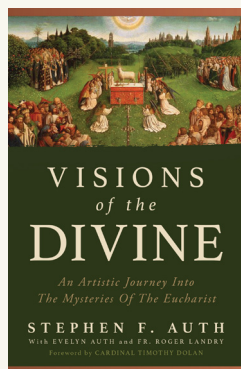
979-8-88911-344-7

\$19.95 | 5.5 x 8.5 | Paperback

Pub Date: 3/18/25

NEW RELEASES

www.SophiaInstitute.com



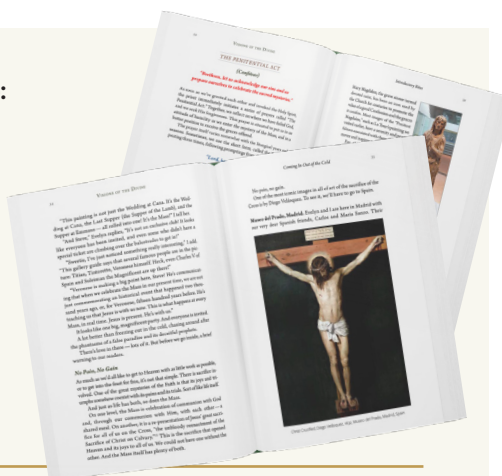
**Visions of the Divine:
An Artistic Journey
into the Mystery of
the Eucharist**
Stephen Auth

384 pages

Pub Date: 3/18/25

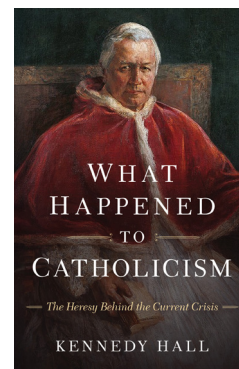
979-8-88911-358-4

\$19.95 | 5.5 X 8.5 |

Paperback with
color interior

Whether you attend church out of obligation, for the sense of community you find there, or for the Eucharistic presence itself, *Visions of the Divine* will help you make these experiences richer, more vibrant, and more fulfilling. And if you've never attended a Roman Catholic Mass and are curious about what happens there, *Visions* will give you an experience guaranteed to leave you thirsting for more.

From Rembrandt, El Greco, and Van Gogh to Michelangelo, da Vinci, and Raphael; from Velazquez, Picasso, and Dali to lesser-known greats, such as Pontormo, Masaccio and Drolling, the array of breathtaking art in *Visions of the Divine* will enlighten your path to communion with God.



**What Happened to
Catholicism: The
Heresy Behind the
Current Crisis**

Kennedy Hall

240 pages

979-8-88911-286-0

\$18.95 | 5.5 x 8.5 | Paperback

Pub Date: 4/15/25



**Hypotheses
about Mary**

Vittorio Messori

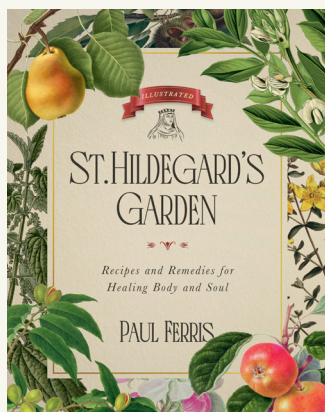
240 pages

979-8-88911-010-1

\$18.95 | 5.5 x 8.5 | Paperback

Pub Date: 4/15/25

APRIL



**St. Hildegard's
Garden: Recipes
and Remedies
for Healing Body
and Soul**

Paul Ferris

240 pages

Pub Date: 4/15/25

979-8-88911-372-0

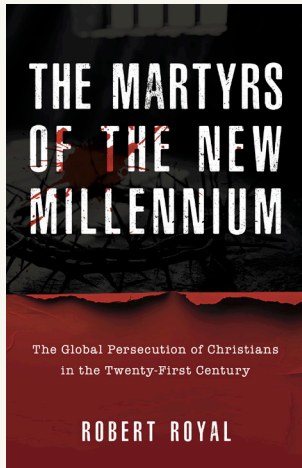
\$29.95 | 8x10

Hardcover



Meet a Doctor of the Church whose wisdom on health and nutrition will aid you in everything from better digestion and sleep to improved mood, memory, and pain relief.

As a pioneer of European phytotherapy, Hildegard described and cataloged hundreds of ingredients from plant, mineral, and animal origins. Her recipes, remedies, nutritional advice, and holistic view of the human being are as valued and appreciated today as when she developed them nearly a thousand years ago. This book faithfully applies Hildegard's pioneering thought to everyday living in our time. In these potent pages, you will find the medicinal properties of essential herbs as well as how to identify, utilize, and cultivate them.



The Martyrs of the New Millennium: The Global Persecution of Christians in the Twenty-First Century

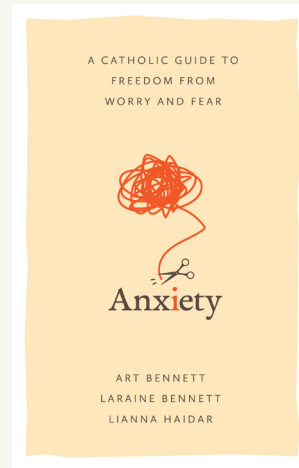
Robert Royal

320 pages Pub Date: 4/15/25

979-8-88911-504-5

\$24.95 | 5.5x8.5 | Hardcover

This book is the thundering voice of the martyrs of our time. Though mostly overlooked, the harrowing stories of hundreds of thousands of fellow Christians from around the world who gave their lives for the Faith in recent years – including in full-scale genocides of Christians in several countries – are a part of our history crying out to be told.



Anxiety: A Catholic Guide to Freedom from Worry and Fear

Art Bennett, Laraine Bennett, Lianna Haidar

240 pages Pub Date: 4/15/25

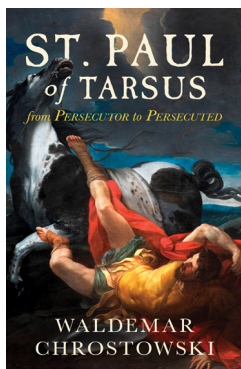
979-8-88911-106-1

\$19.95 | 5.5 x 8.5 | Paperback

Whether you experience brain fog, scrupulosity, panic attacks, or are constantly overwhelmed, *it is possible to regain control of your life and experience freedom from anxiety.*

The Bennetts' book *Anxiety* is a tremendous resource for those suffering and for those who aid them. It is replete with absorbing, real-life stories about individuals who endured various forms of anxiety and found healing through practical and spiritual means.

MAY



St. Paul of Tarsus: From Persecutor to Persecuted

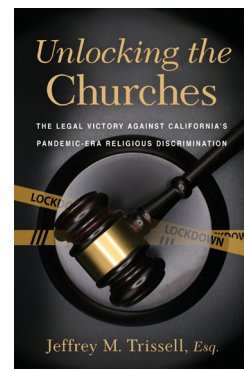
Waldemar Chrostowski

240 pages

979-8-88911-396-6

\$18.95 | 5.5 x 8.5 | Paperback

Pub Date: 4/15/25



Unlocking the Churches: The Legal Victory Against California's Pandemic-Era Religious Discrimination

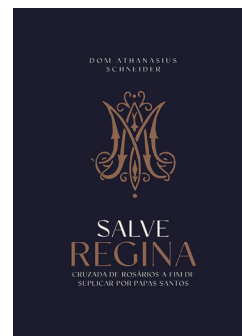
Jeffrey Trissell, Esq.

272 pages

979-8-88911-510-6

\$18.95 | 5.5 x 8.5 | Paperback

Pub Date: 5/20/25



Salve Regina

Bishop Athanasius Schneider

128 pages

979-8-88911-522-9

\$14.95 | 4 x 6 |

Hardcover with full color interior

Pub Date: 5/20/25

JUNE



The Miracle Book: A Simple Guide to Asking for the Impossible

Anthony DeStefano

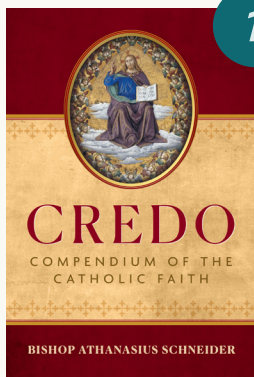
208 pages

978-1-64413-435-1

\$24.95 | 5 x 7 |

Hardcover with dust jacket

Pub Date: 6/17/25



1

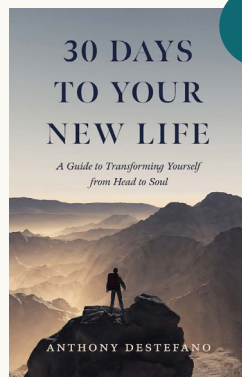
Credo: Compendium of the Catholic Faith

Bishop Athanasius Schneider

432 pages

978-1-64413-940-0

\$24.95 | Hardcover



2

30 Days to Your New Life: A Guide to Transforming Yourself from Head to Soul

Anthony DeStefano

304 pages

978-1-64413-662-1

\$21.95 | Hardcover



3

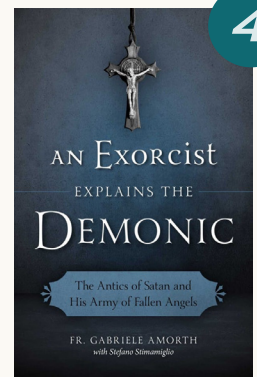
Women Made New: Reflections on Adversity, Transformation, and Healing

Crystalina Evert

240 pages

978-1-68278-289-7

\$21.95 | Hardcover



4

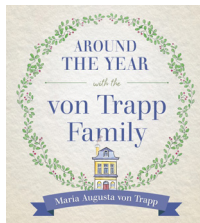
An Exorcist Explains the Demonic: The Antics of Satan and His Army of Fallen Angels

Fr. Gabriele Amorth

160 pages

978-1-622823-451

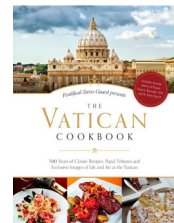
\$14.95 | Paperback



Around the Year with the Von Trapp Family

Maria Augusta Trapp

\$29.95



Vatican Cookbook

David Geiser

\$34.99



Nursery in Heaven

Cassie Everts & Patrick O'Hearn

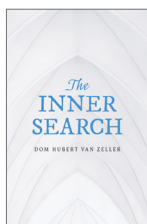
\$14.95



Cultural Meltdown

Bill Donohue

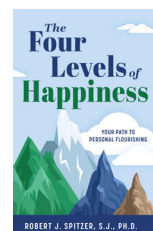
\$24.95



The Inner Search

Dom Hubert van Zeller

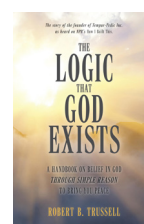
\$18.95



Four Levels of Happiness

Robert Spitzer, S.J., Ph.D.

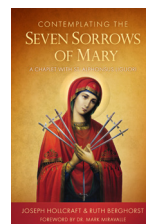
\$21.95



The Logic that God Exists

Robert Trussell

\$14.95

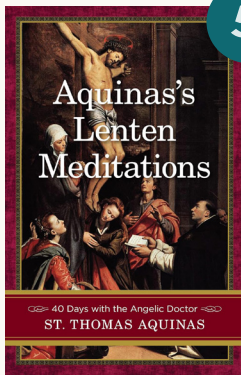


Contemplating the Seven Sorrows of Mary

Joseph Hollcraft & Ruth Berghorst

\$17.95



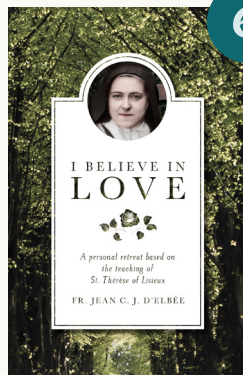


5

Aquinas's Lenten Meditations: 40 days with the Angelic Doctor
Saint Thomas Aquinas

224 pages

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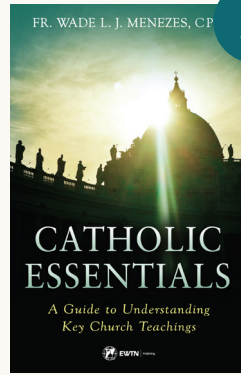


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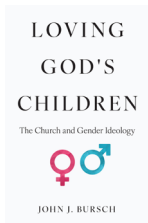


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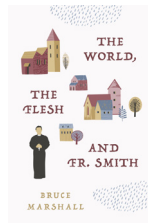
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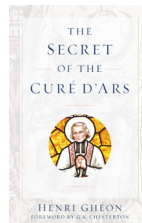
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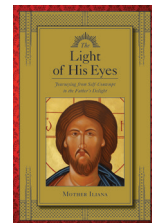
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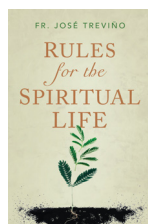
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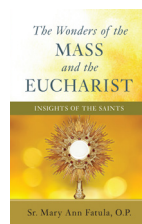
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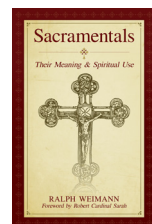
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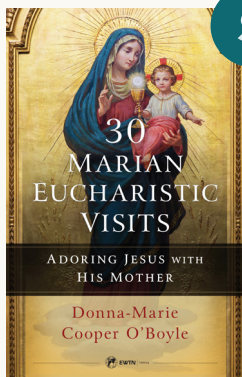
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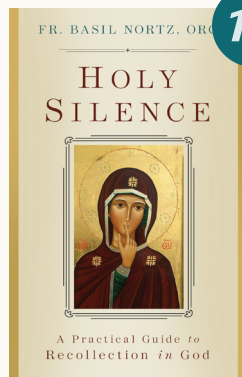
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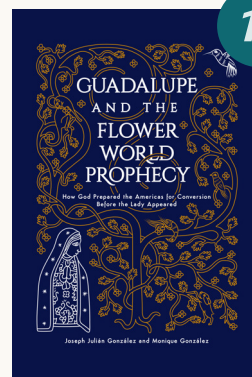
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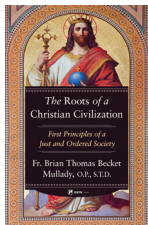
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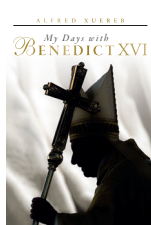
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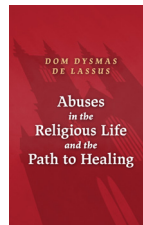
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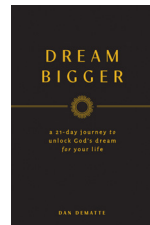
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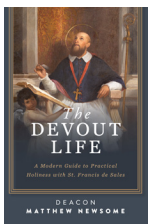
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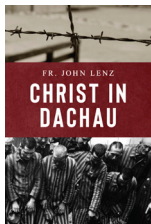
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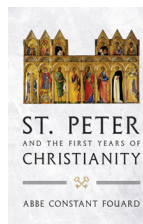
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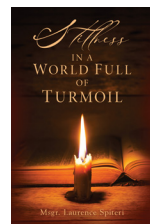
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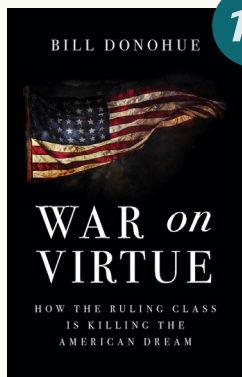


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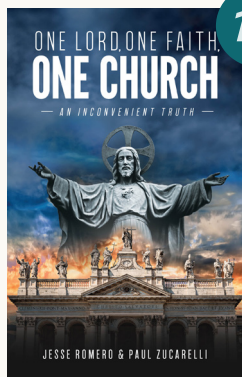


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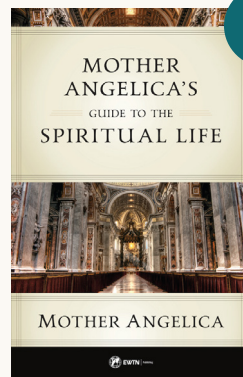


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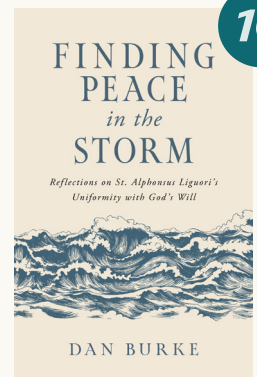


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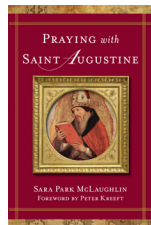


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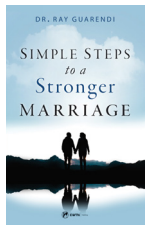
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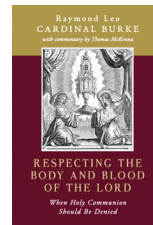
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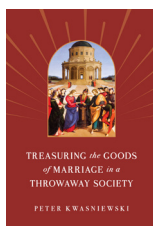
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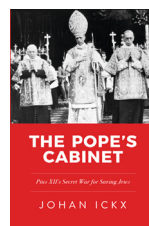
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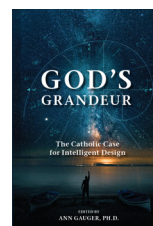
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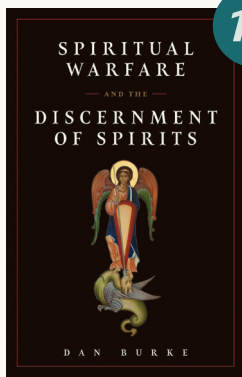


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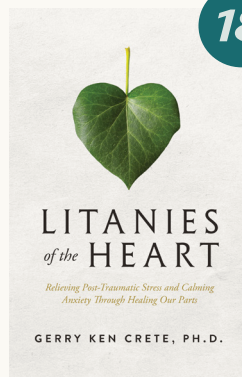
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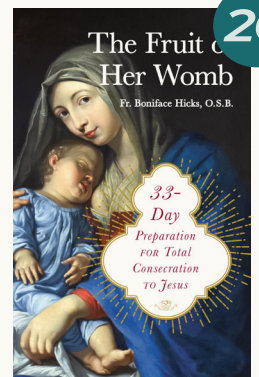
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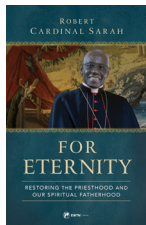
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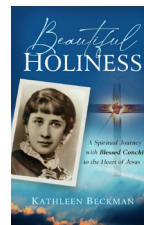
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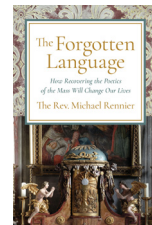
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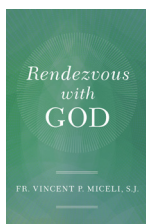
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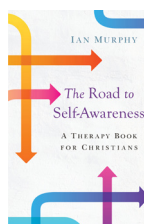
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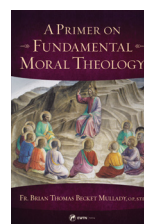
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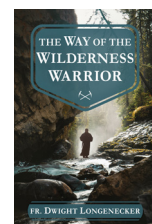
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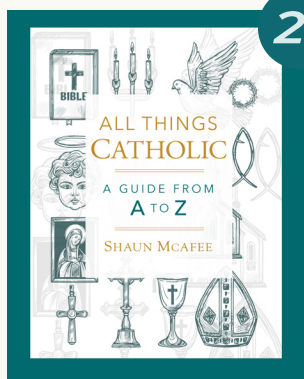


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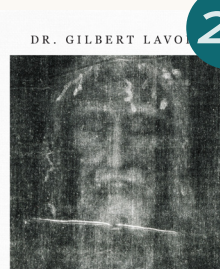
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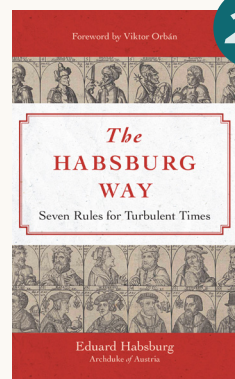
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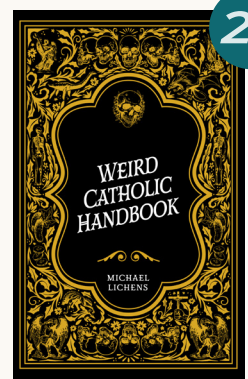
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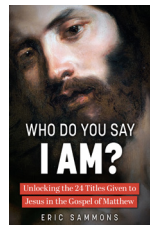
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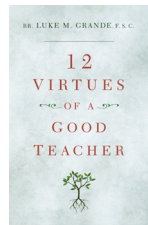
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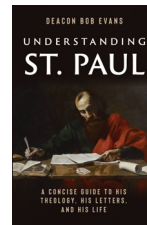
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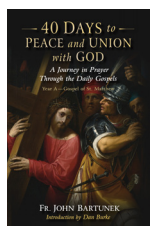
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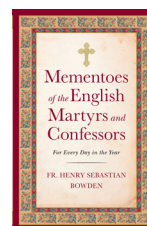
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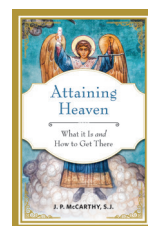
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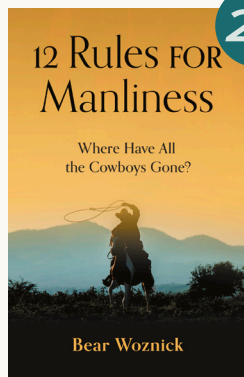


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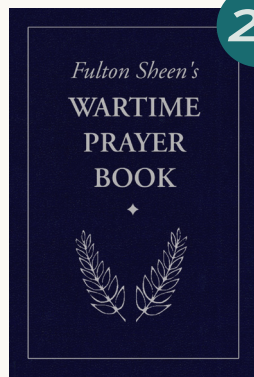


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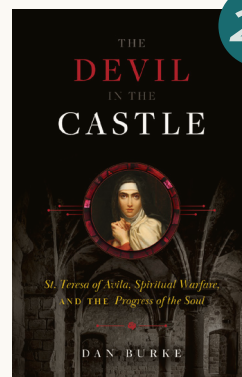
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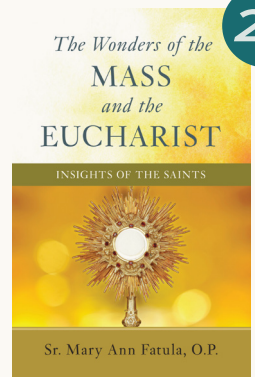


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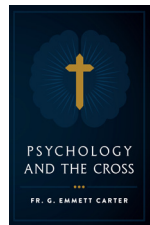


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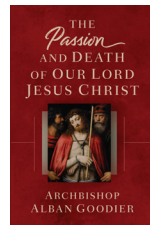
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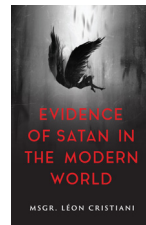
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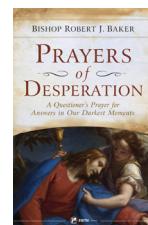
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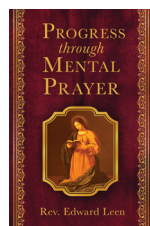
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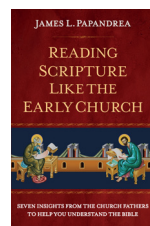


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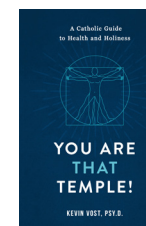
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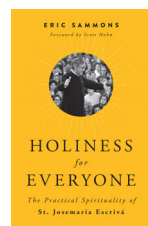
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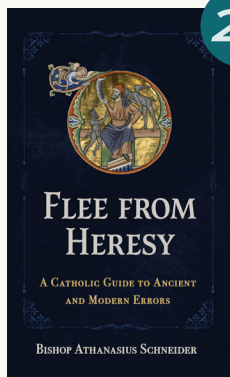
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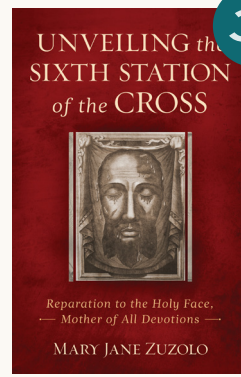
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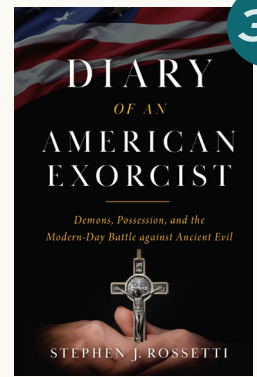
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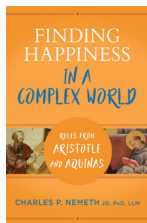
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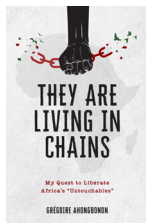
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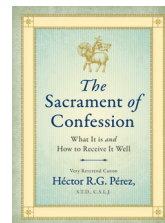
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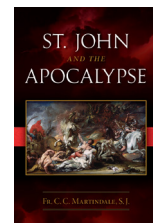
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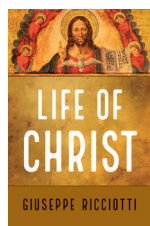
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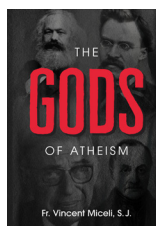
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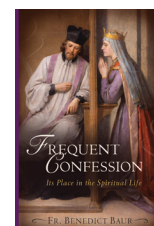
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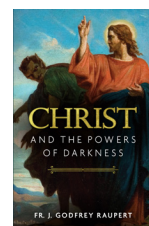
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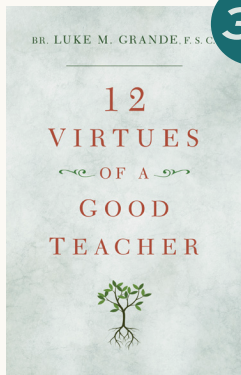


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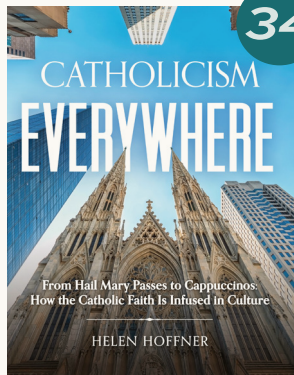




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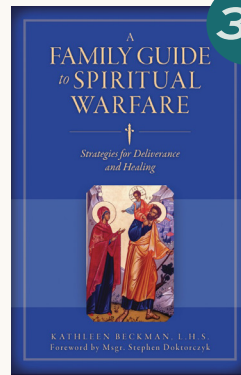
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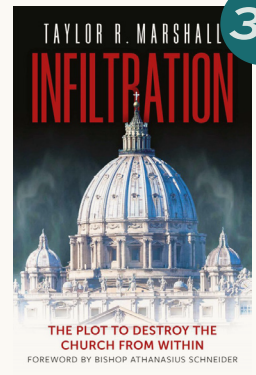
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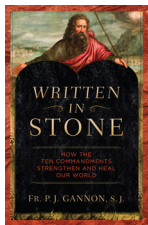
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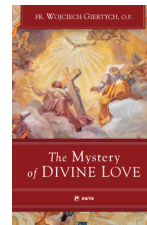
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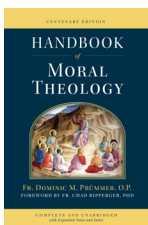
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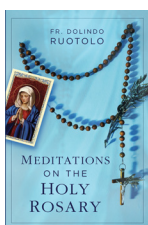
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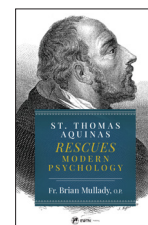
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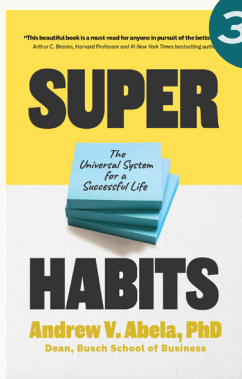


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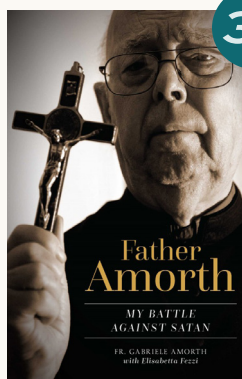
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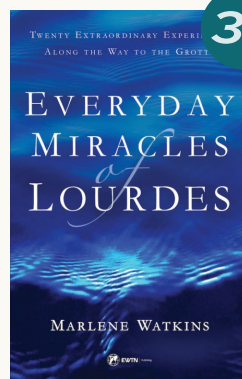
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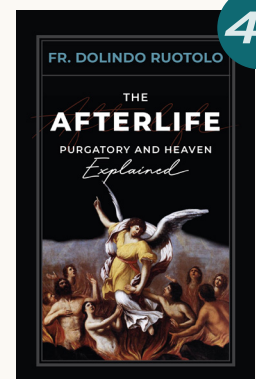
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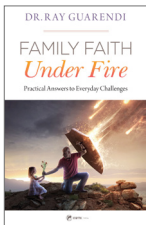
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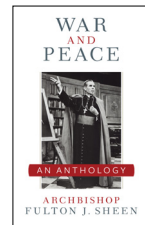
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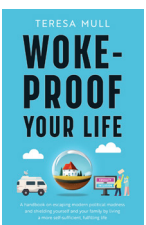
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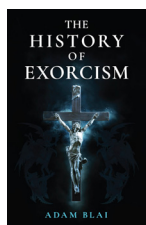
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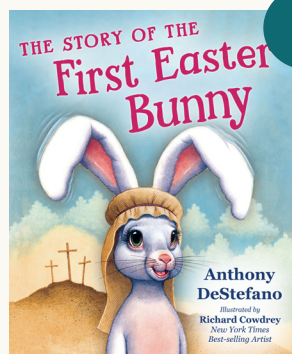


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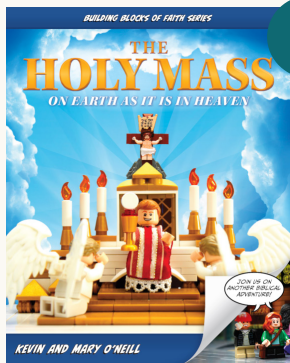
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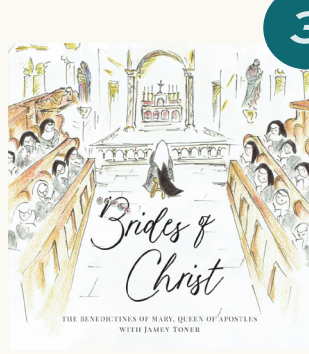
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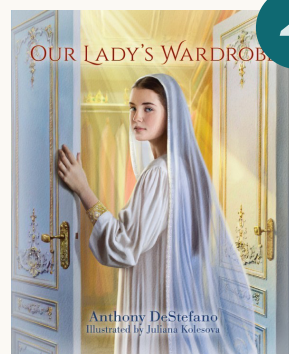
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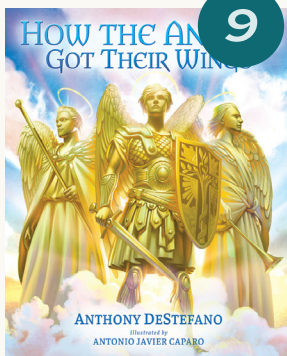
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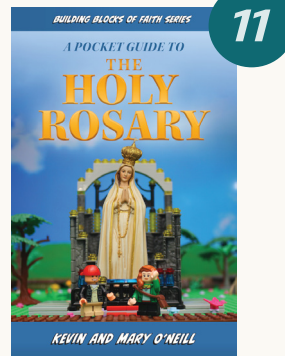
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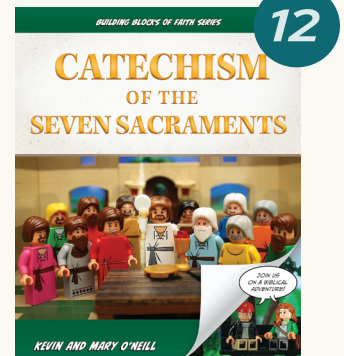
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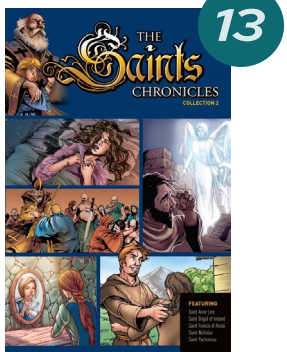
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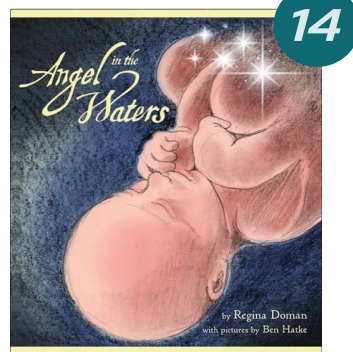
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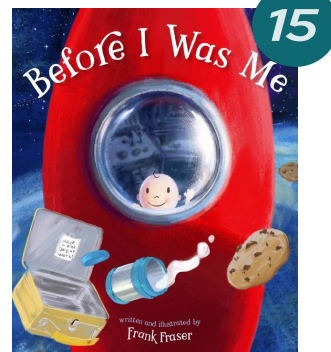
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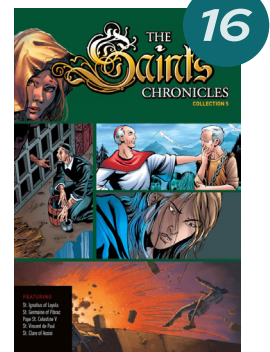
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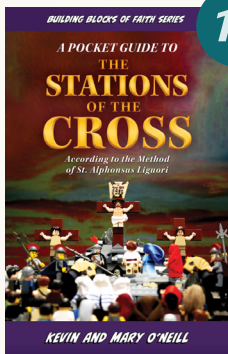
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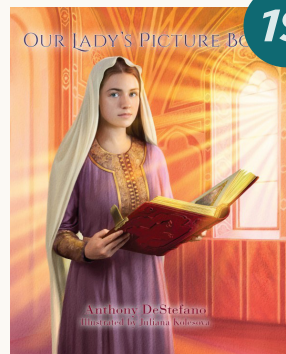
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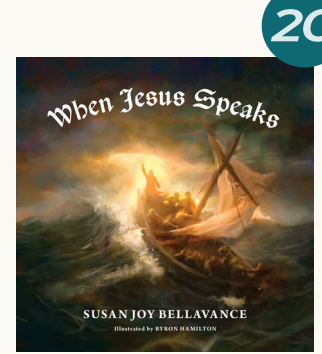
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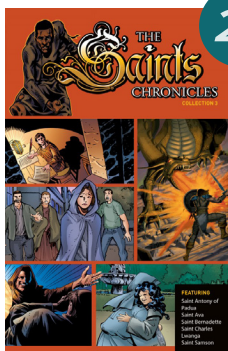
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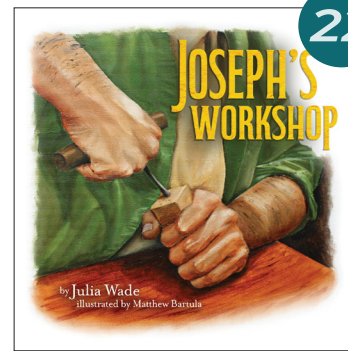
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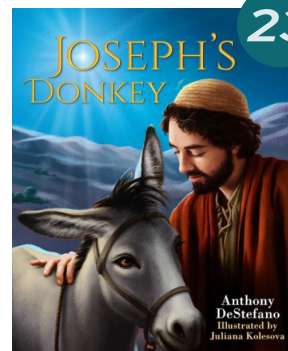
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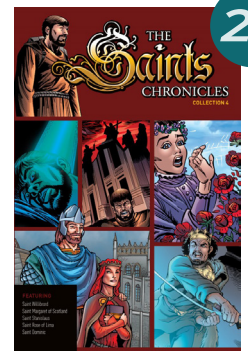
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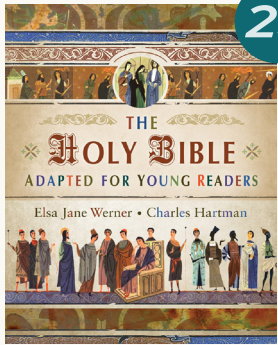
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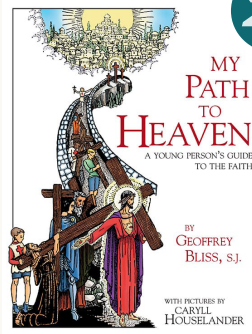
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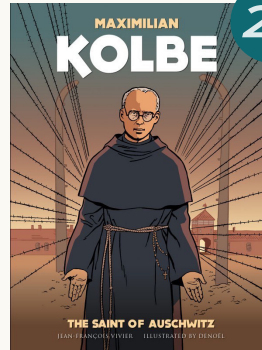
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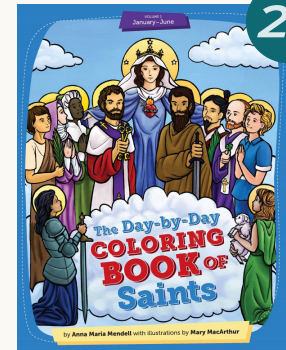
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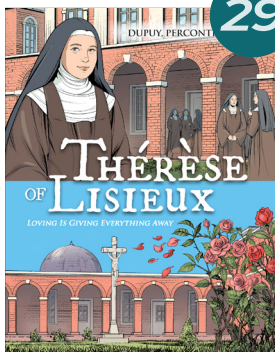
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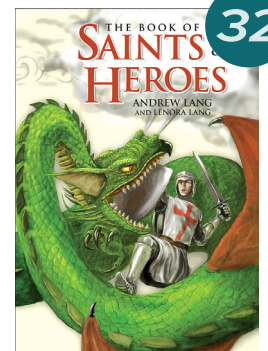
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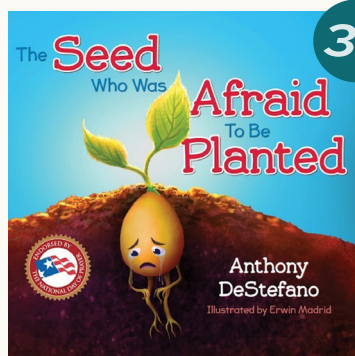
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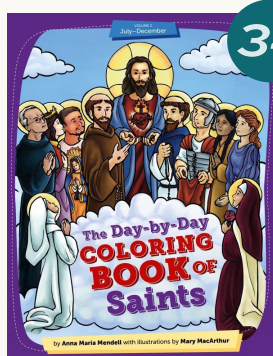
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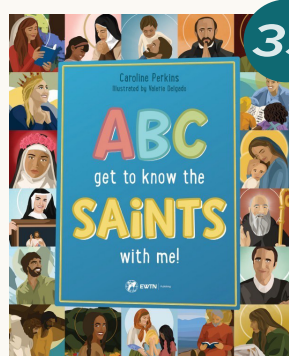
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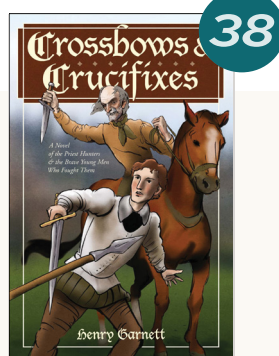
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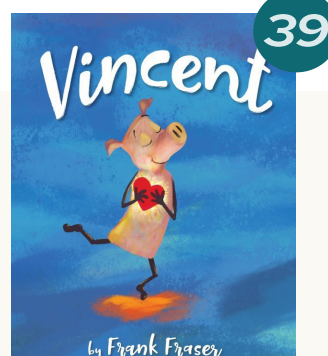
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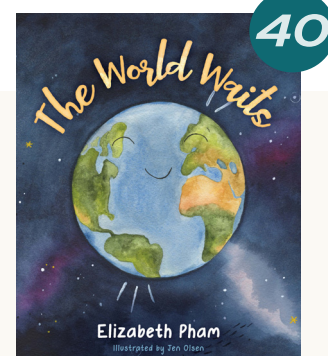
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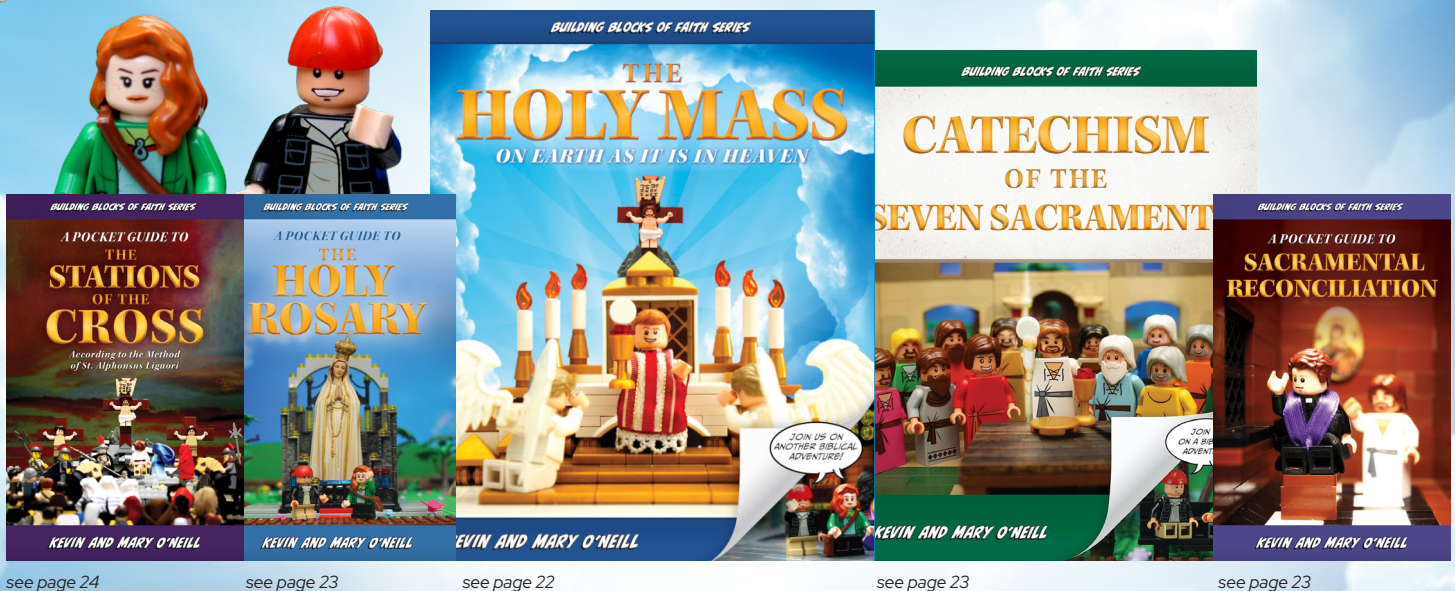
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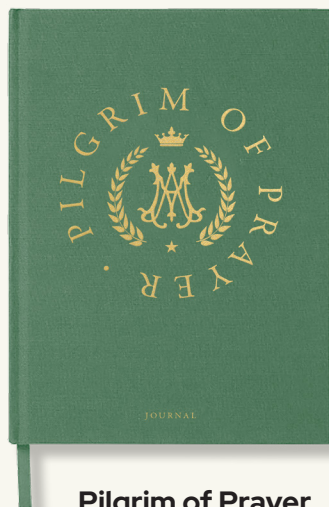
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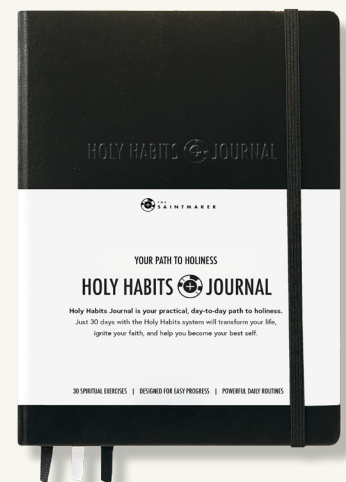
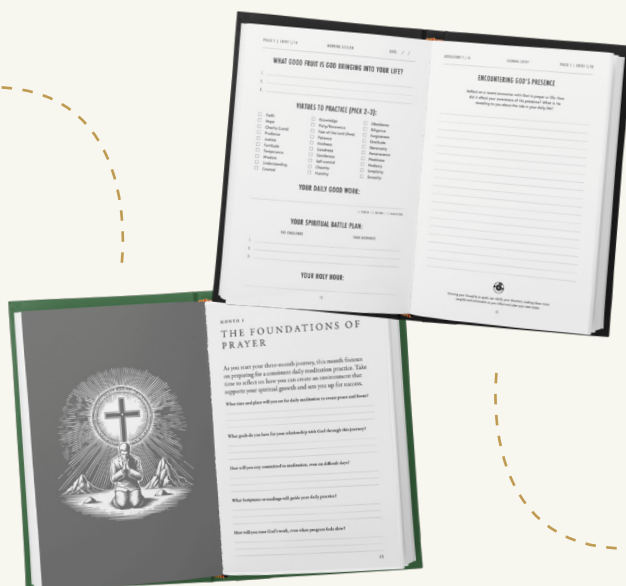
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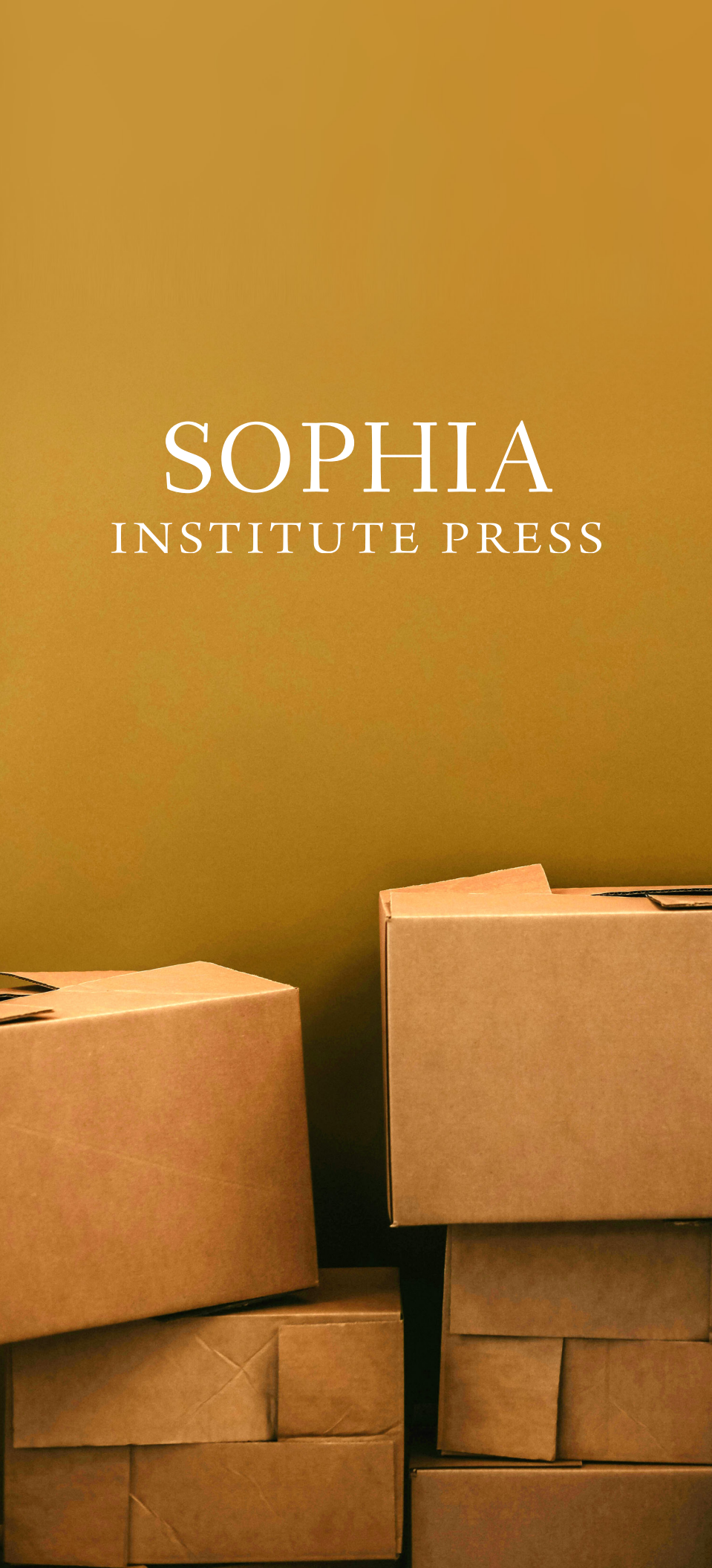
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